



December 17, 2020

Respect ~ Responsibility ~ Pride

Dear Students and Parents,

Winter weather is fully upon us here at the View! I want to take moment to remind all students/parents to please make sure your student is prepared with appropriate winter attire when coming to school each day. All students will continue to receive outdoor mask breaks throughout the day and some of our physical education classes will take place outdoors. The only time students will remain indoors is if it is unsafe (icy condition, temperature is below 20 degrees). Please remember coats, gloves and hats!

Thank you for continuing to be cautious during arrival and dismissal. I appreciate everyone driving slowly around the back of the building and watching for merging cars at each of our drop-off/pick-up locations. Please also remember to have your child enter/exit the passenger side of your vehicle.

2020 has been a very challenging year. With our Holiday Break on the horizon, it is my sincere hope that families are able to take a moment to ‘unplug’ from the daily grind and spend time relaxing and connecting with one another. I am continuously impressed by the hard work, perseverance and grateful for the flexibility of the members in our community. What we have been able to accomplish together, in these unprecedented times, is nothing short of remarkable.

With that said, I think it’s time we all enjoy a much needed and well-deserved break. Please be safe and stay healthy over the last few weeks of 2020. I hope everyone has a wonderful, relaxing, and joyous December break!

Sincerely,

*Wendy Kohler
Principal*

Important Dates

December 23 (Wed.)	Early Release Day (Parent pick-up; last names A-D at 12:40, Parent pick-up; last names D-K at 12:50) Bus departure will be at 1:10
December 24 – January 3	NO SCHOOL - Holiday Break

Arrival and Dismissal

A friendly reminder to please drive slowly around the back-bus loop while picking up/dropping off your child. All students should also exit and enter the car from the passenger side of the vehicle. Thank you for reminding your student to exit the vehicle with their cloth mask covering on.

Fully Remote Students in Grade 7 and Grade 8

Please make sure your student repeatedly checks their email/Google Classroom for the links to our 'live' instruction for social studies, language arts, grade level math and science each week. All fully remote students are offered two live instructional blocks beyond their "team" Friday Zoom sessions. Please make sure your student makes every effort to attend!

Attendance Phone Calls

Please remember to call the MVMS absence line (497-8288 and when prompted press 2) if your child will not be attending their scheduled in-person day prior to 8:15. Fully remote students, who will not be attending, should also be called into the absence line as well.

School Picture Pick-Up

As a friendly reminder to all parents of students who are accessing a remote only environment – we still have a fair amount of school pictures that were ordered and are waiting to be picked up in the front office. Please stop by MVMS anytime between 8:30-4:00 to pick them up!

A Christmas Carol

In a typical year our 7th graders would normally be attending performances of *A Christmas Carol* at the Palace Theatre. Since this isn't an option this year, the staff has put together our own version of *A Christmas Carol* for our students (and you) to enjoy! Link below:

<https://www.youtube.com/playlist?list=PLauEYjVFSSNwYUKacIIGgP-GvNiwqDEL7>

Health Corner

Dear Parents and Guardians:

The COVID-19 pandemic continues to impact every aspect of our lives and the MVMS nurses would like to provide you with some additional information to keep your family and our school community safe and healthy as we approach vacation week. In order to ensure our schools stay open, and our students stay well, we continue to ask that all students, parents, and staff remain diligent in adhering to the SAU 19 COVID-19 guidelines (see attached). Below are some reminders for everyone to keep in mind as we embark on vacation week.

- Social distancing, the use of cloth face coverings, monitoring for symptoms, and avoiding those who are sick are still important public health measures that we should all be following both in school or out.
- If any of your family members develop symptoms of COVID-19, even mild, call your PCP and seek COVID-19 testing.
- Travel outside of New England carries an increased risk for contracting COVID-19, all students who travel outside of New England will be required to quarantine for 10 days upon return home and may not attend school.
- If your child has had close contact with someone diagnosed with COVID-19 they must quarantine for 10 days after the last exposure to that person and may not attend school.
- If a household member has been diagnosed with COVID-19 (parent, sibling) your child must remain in quarantine for an additional 10 days after the infected person has completed their 10 days of isolation and they may not attend school.

- Although persons may be released from quarantine after 10 days, COVID-19 has an incubation period of 2-14 days, your child could still become symptomatic and spread the virus for up to 14 days after exposure. It is important to monitor for symptoms of COVID-19 for a full 14 days after exposure and seek testing if symptoms develop.
- If you attend gatherings with persons outside of your immediate household you significantly increase the risk for COVID-19 exposure, these types of gatherings are strongly discouraged by public health officials.
- Prior to sending your child to school each morning please assess your child for COVID-19 symptoms and consider your child's COVID-19 exposure risk, if you are questioning sending your child to school please call the MVMS nurses and we can assist you.
- As always, if your child presents to school with any complaints of illness, they will be sent home and be required to isolate for 10 days or seek COVID-19 testing.

The MVMS nurses truly appreciate all of your continued cooperation as we navigate this pandemic. We are here as a resource for you and your family and encourage you to reach out with any questions or concerns. We wish you and your family a happy and healthy holiday season as we look forward to a brighter 2021.

Sara Matatall RN
Sara.matatall@sau19.org
 660-5623

Susan Potvin RN
susan.potvin@sau19.org
 660-5615

Yearbook

Yearbooks are now available to purchase online now for \$22 until 11/20. They then go up to \$24 until 1/29 and finally \$26 until 5/21. Click the link to the yearbook ordering site: https://www.jostens.com/apps/store/productBrowse/1010121/Mountain-View-Middle-School/2021-Yearbook/20201007042455977156/CATALOG_SHOP/

Ski Club

There's still time to register for Pats Peak Learn to Ski and Ride Program for the 2021 season! It's easy:

1. Go online to Patspeak.com/ltsr
2. Click on Learn to Ski and Ride
3. Sign in with your own email and password (remember these)
4. Enter your unique access codes
 - Grade 5 – Mountainview52021
 - Grade 6 – Mountainview62021
 - Grade 7 – Mountainview72021
 - Grade 8 – Mountainview82021

Just a reminder, our new night this year is Monday! There is no ski bus this year, parents must provide transportation and supervise students at the mountain. Lessons are still one hour long, and will occur from 4:30-5:30 this year. Pats Peak is committed to make skiing safe for everyone. See Patspeak.com/healthandsafety for information about what to expect. Although access to the lodges will be limited to half capacity and 30 min., Pats has made a huge effort to ensure skier comfort. They have added a new deck, 8 new cabanas, 8 new igloos, access to outdoor food and sweets, 2 new outdoor trailer style bathrooms and heaters everywhere. You should also know that everyone is encouraged to "boot up" in their cars.

If you have any questions please call Jean Walker (582-4768) or Kathy St. Jean (660-1978) or Paola Gomes (674-9418...Paola is unavailable until Dec. 19).

Food Service Information

~ This year **all** school meals are FREE to ALL students! ~

We ask that parents/guardians pre-order meals, following the instructions below, to help us with the delivery to the classrooms.

Ordering Meals

You need to either download the NutriSlice App from your app store or go through the food service webpage for the menus.

1. Select MVMS.
2. Select the appropriate menu.
3. Pick your child's meal on the day he/she will be attending school.
4. Choose from the optional items then click Add to Order.
5. You may pick another day your child is attending school or you may check out for that student.
6. Click on the lunch bag on the top left of the screen.
7. View your cart and confirm it is correct, then click Checkout or Create an Account. You will need to create a Parent account and then add students with their lunch number in order to Checkout.
8. Choose who the order is for.
9. Select Pickup: Choose grade level; enter your child's homeroom in the box on the right above the submit button.
10. Click submit.
11. If you have additional children to order for you will need to click on Start Another Order.

A student ID number is necessary, for bookkeeping purposes. You will **not** be charged.

If you need further help either contact the MVMS kitchen or food service by emailing Megan Bizzarro, megan.bizzarro@sau19.org.

ESports with Parks and Recreation

Goffstown Parks and Recreation is very excited to enter the rapidly growing world of ESports. Partnering with GGLEagues, our department is able to offer a safe and fun way for kids ages 8 and up to compete with friends all over the state of NH from the confines of their own home.

The league will consist of a six-week season where players will play in one head-to-head game per week. At the end of the season, players will participate in a single elimination tournament to be crowned the NH Rec League Esports Champion! Registration is open now and will end January 6th.

Games offered for the first season: FIFA21, Madden21, NBA2K21, Rocket League, and Super Smash Brothers!

For more information, please visit our website here: <https://www.goffstown.com/.../parks-and.../new-esports>

To register please visit our RecDesk website here: <https://goftstown.recdesk.com/Community/Program>

Feel free to contact program supervisor Erin Trnka with any questions! 603-497-8990 ext. 402 or erin.trnka@goffstownnh.gov

PBIS Theme of the Month – Honesty

November's PBIS Theme of the Month is Honesty. Staff and students are focused on what honesty looks like here at MVMS and how one should go about living their life being honest and trustworthy. Be sure to chat with your student about what he/she is learning about honesty

Remote, Friday Zoom Sessions

Please be sure your student is attending their ‘live’ teaching sessions in each of their core subjects, World Language (grade 7/8) and Unified Arts (grade 7/8) each Friday. It is an expectation that students will attend all scheduled sessions. Please reach out to your student’s teacher, in advance, if your child will be unable to attend.

Guidance Department Corner

Middle Years

Please click/copy paste the link below to view this month’s edition of Middle Years. If you’re unfamiliar with the Middle Years publication, the purpose is to provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

http://www.rfecustomer.com/ViewPDF.cfm?RequestType=WebSite&CustNum=477194&PdfFilename=MY1220_E.pdf&HtmlPdfPath=http://rfecustomer.com/Pubs/202012/477194_MY1220_E.pdf

Guidance Counselors

If you need to consult with a counselor for advice/information for your student, please contact one of the following:

<u>Name</u>	<u>Grade</u>	<u>Phone Number</u>
Ryanne Roy	5 & 6	(603) 660-5616
Melanie Cali	7	(603) 660-5607
Erin Sakolosky	8	(603) 660-5606